



Women's Shelters

Long Term Shelters

Claire's House (single women, must have job, \$113 per week) - (901)207-5652

Moriah House (recovery program for substance abuse/sex workers, can include families)- (901)522-8819

Room in the Inn (families and singles) - (901)467-0122

Salvation Army (Free if unemployed, prorated otherwise) - (901)543-8586 singles, (901)260-9104 with kids

The Hospitality Hub (must travel to 590 Washington Ave to receive assistance) - (901)730-1736

YWCA of Memphis (Domestic violence shelter for women and kids, recovery programs) - (901)725-4277

Emergency Shelters

Missionaries of Charity (Singles and Mothers with children under 5 go to 700 N 7th St) - (901)527-4947

Room in the Inn (Nov.1-March 31 go to 166 Poplar Ave. at 4pm, FCFS with family priority) - (901)467-0122

Salvation Army (has waitlist, must call first) - (901)543-8586 singles, (901)260-9104 with kids

The Hospitality Hub (ages 18-24, must travel to 590 Washington Ave to receive assistance) - (901)730-1736

YWCA of Memphis (Domestic violence shelter for women and kids, recovery programs) - (901)725-4277

Men's Shelters

Emergency Shelters

Calvary Rescue Mission (must have SSN and ID, check in at 4pm, first 3 stays free then \$5) - (901)775-2570

Memphis Union Mission (must have ID, free from 9am-2pm, \$6 after until 7pm) - (901)526-8434

Room in the Inn (Nov.1-March 31 go to 166 Poplar Ave. at 4pm, FCFS with family priority) - (901)467-0122

The Hospitality Hub (ages 18-24, must travel to 590 Washington Ave to receive assistance) - (901)730-1736

YWCA of Memphis (Domestic violence, some room for men, recovery programs) - (901)725-4277

Other Resources

MIFA (Seniors and families housing assistance- fill out application at 8am at mifa.org) - (901)529-4545

Family Safety Center (Referrals for housing and counselling) - (901)222-4400

Catholic Charities (Food distribution, food bank, clothing closet) - (901)722-4700

Hospitality Hub (Documents and benefits application assistance, mail, case management) - (901)730-1736

Society of St. Vincent DePaul (Daily soup kitchen) -(901) 722-4703

Sweet Cheeks (Diaper and formula bank) - (901)674-7586

Manna House (Meals and showers) - (901)334-5832

Assurance Wireless (Free cellphones) - (888)321-5880

Safelink (Free cellphones) - (800)723-3546

